



Playing the Fat Girl

By Mikyla Dodd

Hodder & Stoughton General Division. Paperback. Book Condition: new. BRAND NEW, Playing the Fat Girl, Mikyla Dodd, PLAYING THE FAT GIRL is the story of a girl who spent her childhood and teen years caught up in a cycle of binge-eating, gaining a stone every year of her life, to reach her early twenties weighing 24 stone. Despite this she fulfilled her dreams of becoming an actress and for four years played Chloe in Hollyoaks, in a ground-breaking role as the first character on the show who didn't conform to the glossy format. Mikyla went on to break her dependency on food and shed an incredible 9 stone to reach her healthy weight of 15 stone (and 6 foot!) today. She will never be skinny, but she is happy and healthy. This is a memoir about being different and suffering for it, and about having the courage to change your life.



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Reviews

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