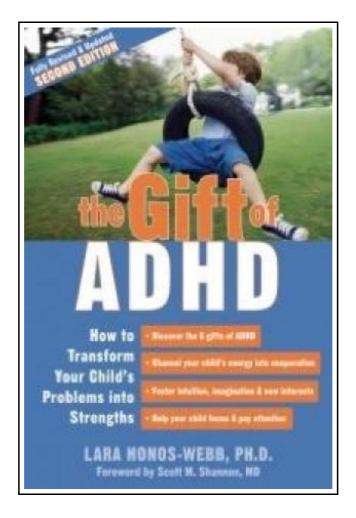
The Gift of ADHD. 2nd edition.: How to Transform Your Child's Problems into Strengths



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Reviews

This written publication is wonderful. It really is loaded with knowledge and wisdom You will not really feel monotony at at any time of your time (that's what catalogues are for relating to if you ask me). (Desmond Becker)

THE GIFT OF ADHD. 2ND EDITION.: HOW TO TRANSFORM YOUR CHILD'S PROBLEMS INTO STRENGTHS



New Harbinger Publications, 2010. Softcover. Book Condition: New. As a parent, you already know that your child has many gifts. What you may not know is that attention-deficit hyperactivity disorder (ADHD)-related symptoms--the very qualities that lead him or her to act out and distract others--may be among them. This second edition of The Gift of ADHD includes compelling new research indicating that the impulses that lead your child to act exuberantly may correspond with unusual levels of creativity and a heightened capacity for insight into the feelings and emotions of others. Could it be that ADHD is not a hindrance, but an asset in our fast-paced digital age? ADHD expert Lara Honos-Webb presents the evidence for this revolutionary concept and explains how you can help your child develop control over inattentive, hyperactive behavior and enhance the five gifts of ADHD: creativity, attunement to nature, interpersonal intuition, energetic enthusiasm, and emotional sensitivity. Filled with easy skill-building activities you and your child can do together, this book will help your child transform problematic symptoms into strengths, then build the self-esteem they need to let those gifts shine. Lara Honos-Webb, Ph.D., is a licensed clinical psychologist in private practice in Walnut Creek, CA. She is author of The Gift of ADHD, The Gift of ADHD Activity Book, Listening to Depression, and more than twenty-five scholarly articles. Her work has been featured in Newsweek, the Wall Street Journal, Publishers Weekly, and many newspapers across the country. She has appeared on national radio and television programs. Honos-Webb specializes in the treatment of ADHD, depression, and the psychology of pregnancy and motherhood and speaks regularly on these topics. She completed a two-year postdoctoral research fellowship at the University of California, San Francisco, and has been an assistant professor teaching graduate students. Foreword writer Scott M. Shannon,...

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