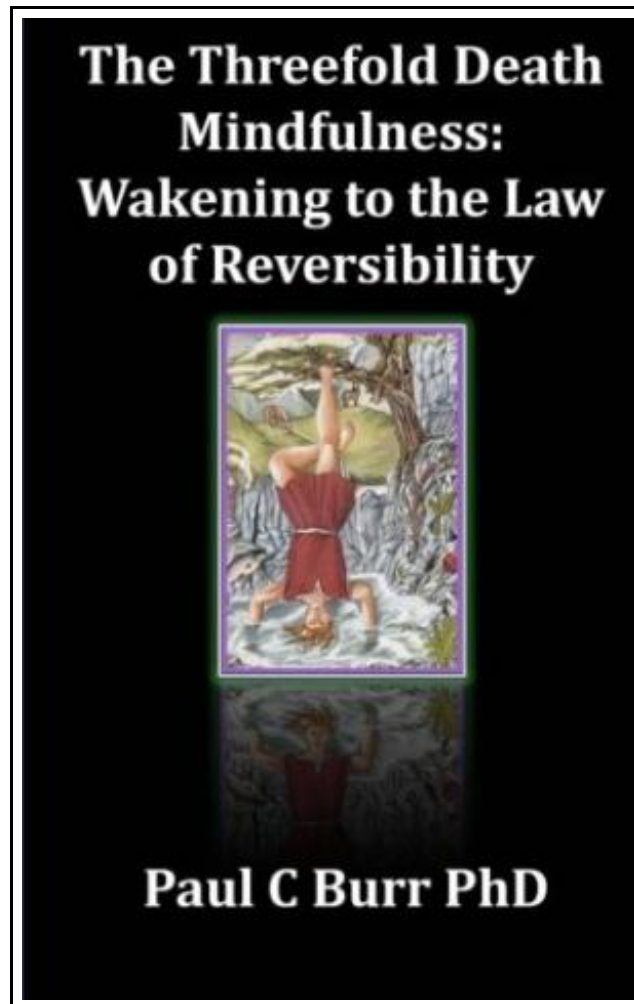


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## **THE THREEFOLD DEATH, MINDFULNESS: WAKENING TO THE LAW OF REVERSIBILITY: QUICK GUIDES TO ANCIENT WISDOM SERIES, NO 3 (PAPERBACK)**




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Createspace Independent Publishing Platform, United States, 2016. Paperback. Book Condition: New. 203 x 127 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.You pass through three portals (reframes to life) to journey to spiritual wakefulness (in modern-day speak, mindfulness). The Threefold Death, found in The Life of Merlin and other ancient texts, serves as an allegory of these three fundamental reframes. I have not found an explicit definition anywhere else (that connects the literal with the symbolic and core meanings) of The Threefold Death. Hence, my passion to write this booklet. MINDFULNESS: WAKENING TO THE FRAMEWORK OF WHAT-IS AND WHAT-IS-NOT Manifesting is not attracting. It s creating something that s already there, yet unseen, a vibration. We aren t solid beings living on this planet; instead this planet is a collection of energies which penetrate each other. - Hina Hashmi Now add the paradox of duality. For something to be present, not-that-something also exists, at the same time. For example: when you attempt to persuade (or sell something to) someone, they may say, yes (success) or no (not-success). You know the shape of a building because the air around it is not-that-building. So how can you apply this principle to life and death? Answer: it requires a fundamental reframe. The opposite of death is not life, it is birth. Life is eternal. - Paraphrased from Eckhart Tolle There is no such thing as death in the traditional sense of its definition. Upon death, the physical body returns to its constituent elements and consciousness leaves the body, unseen, reborn into the vibration it came from. Death and birth coincide. You give birth to new levels of consciousness in life by bringing death to, killing, those things that you allow to stop the birthing process. And. You can only...

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