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HAMARE SHARIRA KE SHAKTI PRAVAH: ACUPUNTURE EVAM ACUPRESSURE DVARA ROG-NIDAN (IN HINDI), (SECOND REVISED EDITION)



D.K. Printworld (P) Ltd., New Delhi, India, 2012. Softcover. Book Condition: New. Second Revised Edition. The Energy Pathways in our Body Acupuncture and acupressure are drugless therapies that are safe, simple, economical and yet very effective for treatment and prevention of a range of common diseases and ailments. The volume is an attempt to understand acupuncture: its effects and the theory of yin and yang that forms the basis of acupuncture. It examines the causes of diseases and functioning of organs of the body. It discusses the nature of the acupuncture points present in the 14 channels and the way the activation of these points helps in treatment of various disorders in the body. With numerous drawings depicting the various body parts and acupuncture points, it deals with the specific acupuncture points for treating specific tissues. It also notes the symptoms of diseases of different organs. The book details the advantages of the ancient therapy of acupuncture, especially as it doesn't have side-effects and can be followed along with other modes of treatment like homoeopathy. There is also an attempt to understand the concept of kundalini energy and its association with acupressure. A list of important instructions for the acupuncture practitioners explains the correct procedures of applying pressure at points. A chapter on case histories mentions successful treatment given to patients with a range of ailments. The book will be useful to scholars and students of medical science in general but particularly those interested in alternative medicines and medical therapies. Printed Pages: 160. Size: 15 x 22 Cm.

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